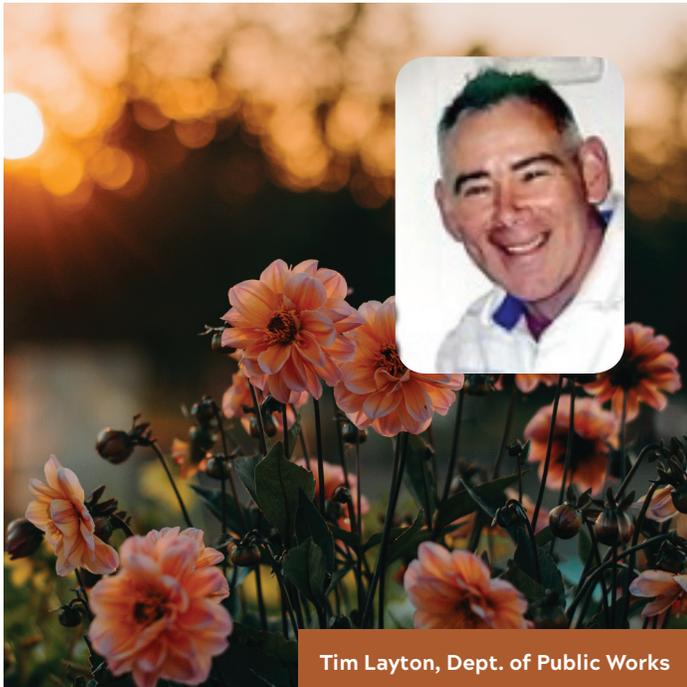


# THE Swissvalian

Your Community Newsletter



Tim Layton, Dept. of Public Works

## In Memoriam: Tim Layton

August 1st was a sad day in the Swissvale Department of Public Works when we lost a dear friend and long-term employee. Tim Layton passed away after a short battle with cancer. Tim worked in the Department of Public Works for 22 years prior to his passing. Although Tim performed a number of jobs in the DPW over the years, most people probably recognize Tim as the person who collected their recycling on a daily basis for the past five years. Although recycling collection was Tim's primary duty, he could always be counted on to help wherever else he was needed when the recycling route was completed.

Tim was well liked by all of his co-workers and the public that he served. He always had a smile for those he met while working. Tim is already missed by his co-workers and not a day goes by that someone isn't talking about the influence that Tim had on them. Although Tim was one of the most senior employees in the DPW, he was never featured in the Employee Spotlight of the Swissvale News as he declined to be featured due to his modesty. All of the employees of Swissvale Borough would like to extend their deepest sympathies to Tim's family. Rest in Peace Tim.

## Pumpkin Palooza Comes to Swissvale

Join us on October 31 from 4 pm to 6 pm for some family-friendly, pre-Trick-or-Treat fun! Don't worry about cooking dinner, we will feed you and the kids! Get some extra mileage out of that costume you worked so hard to put together. There will be games and candy, a chance to win prizes, and "spooky" music.

Pumpkin Palooza takes place at CityReach Church located at 7327 McClure Ave, on the corner of McClure Ave and Monroe St. Afterwards, stick around the neighborhood from 6 pm to 8 pm for some of the best Trick-or-Treating in the area.



Pumpkin Palooza - October 31



# Borough Administration

## Borough Manager Message

It is hard to believe that another summer is passing by. It has been quite a busy summer!

Here are some project updates from around the Borough. The Pedestrian and Bicycle Safety Upgrade Project along South Braddock Avenue is nearing completion and should be wrapped up by November. The gas company has also completed a major gas line replacement project along South Braddock Avenue in Regent Square, which added to traffic congestion. Our demolition project that included razing 13 abandoned structures is more than halfway complete with 9 down and four more to go and we awarded a contract for some street paving in the Borough which will take place before the fall. Work related to the Kenmawr Bridge Project is finally underway with work beginning for utility relocation. The last we have heard is that actual construction of the road and bridge by PennDOT should begin in 2020.

The Borough has executed a purchase agreement for a warehouse at 1921-1929 McCague Street to be used as a Public Works Facility. This will allow for all of Public Works equipment and vehicles that are currently stored outside now, to be kept inside in the future. This will allow for further longevity of our equipment and will ultimately result in a long term savings to our taxpayers.

I would also like to thank Senator Jay Costa once again for his help in us receiving a CITF Grant in the amount of \$160,000 towards the Pedestrian and Bicycle Trail Project. This project to connect Swissvale and Rankin to the Carrie Furnace Site is estimated to cost \$307,000 and we still have some other pending grant applications to assist in covering the remaining costs.

In other great news, the Allegheny County Redevelopment Authority has received Development Proposals for the old Carrie Furnace site and are working with potential developers to create a sustainable development plan that will create in excess of 1,000 jobs for our area. We look

forward to the progress of this development.

The Borough has also entered into two new Intergovernmental Cooperation Agreements (ICA) to provide services on a contracted basis with Homestead and Braddock Hills. We will be providing garbage collection for Homestead and weekend police services for Braddock Hills. We have been providing garbage collection to Chalfant Borough for the last several years as well. These ICAs provide for a positive cash flow into the Borough, which allows us to cover the increased costs for the services we provide to our residents, and eliminates the need for Swissvale to consider raising taxes into the future. Fiscally, this is a “win-win” for Swissvale and those other Boroughs.

As you can see, we have reformatted our newsletter. We hope you like the new look and the new name: “The Swissvalian”.

In closing, the Borough Officials, Administration and Staff have been working very hard over the last several years to make significant and positive improvements to our community. As Manager, I am extremely proud of everyone’s hard work and our accomplishments. While we understand that everyone in the community may not always agree with or appreciate the hard work that has been done, we only seem to hear from the same few people that always speak out against everything we do to try to improve our community. As I interact with community stakeholders on a regular basis, most seem to like the way things have been improving. If you feel that we are doing well and making our community better, we would like to hear from you too. Our Council Meetings are open to the public and we would like to hear from the vast majority of residents and community stakeholders that are excited about the future of Swissvale and all the positive improvements that we are making.

*Clyde Wilhelm*

### Borough Contacts

#### Administrative Services

7560 Roslyn Street, Pittsburgh, PA 15218  
phone: 412.271.7101  
fax: 412.271.5441  
Monday - Friday 8:30a - 4:30p

#### Public Works, Trash, Recycling

412.271.0350

#### Fire, Police, Medial Emergency

911

#### Fire Department (Non-Emergency)

Building, Zoning, and Code Enforcement  
7400 Irvine Street, Pittsburgh, PA 15218  
412.271.0448

#### Police Department (Non-Emergency)

7560 Roslyn Street, Pittsburgh, PA 15218  
412.271.6666

#### Culigan Towing, Impounding

412.271.7160

#### Tax Office, Thomas Barr

412.351.3342

[www.SwissvaleBorough.com](http://www.SwissvaleBorough.com)

### Borough Council

Michelle K. Stanton, **President**

Julie A. Grose, **Vice President**

Patricia L. Gionta

David Petrarca

Darrell Rapp

Abigail Salisbury

Tim Ward

### Borough Officers

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Clyde Wilhelm, **Borough Manager**

Greg Bachy, **Assistant Manager**

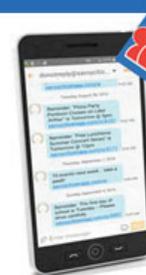
Robert L. McTiernan, **Solicitor**

Diane M. Turley, **Treasurer**

### Advertising and Publishing Requests

All submissions must be received by the first of the month prior to the issue in which it will appear. Please submit all questions/materials to [news@swissvaleborough.com](mailto:news@swissvaleborough.com) / 412.271.7101.

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## Neighborhood Crime Watch Program with Swissvale Police Department

Initial Meeting: Monday, Sept. 16, 2019 at 7pm, Swissvale Borough Building

The Swissvale Police Department is looking to work with residents to start neighborhood crime watch programs. Neighborhood crime watch is a program based on the principle that neighbors working together are the first and best line of defense against crime. Neighborhood crime watch organizes and extends what you are probably already doing on an informal basis. We tend to know and watch out for our closest neighbors, but a group of neighbors at one end of the block who are doing this may not know the group of neighbors at the other end of the block. Organizing a Neighborhood Crime Watch makes this attitude of watchfulness more systematic, and provides a block map or contact list with neighbors' names, telephone numbers and emails that can be used in case of an emergency.

The program usually requires two commitments:

- A commitment to be concerned about your neighbor's property and well-being as well as your own
- A commitment to report criminal activity and take action by alerting your neighbors and calling 9-1-1

What will happen at the first meeting? At the initial meeting, members of the Swissvale Police Department will discuss:

- Area crime
- Crime trends
- Prevention measures
- Proactive things that neighbors can do to positively impact public safety



## Please Store Your Garbage Properly

We have been experiencing an increase in people placing their garbage out in plastic bags or in cans without lids. This has been presenting issues with rodents tearing open the bags and spreading the garbage on the streets or sidewalks. This has also increased the attraction and population of rodents throughout the Borough.

The Borough is providing notification to all residents that Ordinance 78-03 requires that every owner or tenant occupying any building or part thereof, and accumulating garbage place the garbage in water-tight, rust-resistant metal containers or in plastic cans with tight fitting lids. No garbage will be stored in plastic bags except when such bags are used as liners for required garbage cans.

Failure to follow the requirements of this Ordinance will result in violation notices and ultimately citations being issued to those who choose to continue to violate this Ordinance.

## Keep Our Kids Safe - Stop on Red

With the beginning of the school year upon us, we would like to remind residents of the laws regarding driver responsibilities at school bus stops. There are 1.5 million children transported on Pennsylvania roads each day. These children are transported approximately 400 million miles to school each year. Every year, children are needlessly injured or killed by drivers passing stopped school buses.

When you meet or overtake a stopped school bus with red signal lights flashing and stop arm extended, you **MUST STOP**. When you approach an intersection where a school bus is stopped with red signal lights flashing and stop arm extended, you **MUST STOP**. You **MUST STOP** at least ten (10) feet away from the school bus. You **MUST WAIT** until the red lights have stopped flashing and the stop arm has been withdrawn before moving. **DO NOT MOVE** until all the children have reached a place of safety.

If you are convicted of violating Pennsylvania's School Bus Stopping Law, you will receive all of the following penalties: 60-Day Driver's License Suspension, Five (5) points on your driving record, and a \$250 Fine. Annually, more than 700 drivers are convicted for passing a stopped school bus with its red lights flashing.



**Swissvale Residents...Savvy Citizen® is now available!**

Swissvale Borough would like to introduce Savvy Citizen. Savvy Citizen is a free notification system for Apple and Android users that will enable the borough to send information about important borough news and events directly to residents' mobile devices. Residents may access Savvy Citizen by downloading the smartphone app or visiting the website below.

For more info:

**SavvyCitizenApp.com**

Register and become a savvy citizen!





# Fire Department

## Why Home Escape Planning & Practice Matters

Fire Prevention Week is October 6-12, 2019. This year's National Fire Prevention Week message is "Plan and Practice Your Escape". In a typical home fire, you may have as little as two minutes to escape safely from the time the smoke alarm sounds. Escape planning and practice can help you make the most of the time you have, giving everyone enough time to get out. When the smoke alarm sounds, it's too late to start making a plan.

"Your Safety is Our Focus" is Swissvale Fire Department's motto. Our Fire Prevention and Code Enforcement efforts are to ensure you and your family are safe. These prevention efforts are just as important as responding to fires. If we can prevent the fires from happening, we mitigate the potential loss of life and property.

Today's fires burn faster and fiercer than ever before. Because much of our household contents are now made from synthetic materials, which are derived from petroleum based products, the gases produced in a typical house fire are far greater than ever before. These fires burn faster, hotter and are deadlier than ever before. The smoke contains deadly gases as well. To oversimplify this, based on recent scientific studies, it has been determined that an average living room furniture fire produces the equivalent megawatts of energy as a 55 gallon barrel of diesel fuel. Stop and think of that for a moment.....55 gallons of diesel fuel burning in the living room.

A flashover is the near-simultaneous ignition of most of the directly exposed combustible material in an enclosed area. When materials are heated, they undergo thermal decomposition and release flammable gases (this is called pyrolysis). Flashover occurs when the majority of the exposed surfaces in a space are heated to their auto-ignition temperature and emit flammable gases. Flashover normally occurs at 500 °C (932 °F) or 590 °C (1,100 °F) for ordinary combustibles and is not survivable. 40 years ago, it took nearly 30 minutes to reach flashover. Today, it takes less than 10 minutes.

Prior to the full implementation of our Fire Prevention and Code Enforcement Program, there were four separate fire related fatalities in Swissvale during the six year period from 2007-2013. We are relieved to say that we have had none in the most recent six year period from 2014-2019. Please continue to help us help you by taking this information seriously.....it could save your life!

Should you have any questions about fire safety, feel free to contact us at any time or stop by the fire station. We will be happy to assist you in any way we can. You can also visit our Fire Prevention Information display at the fire station, where you will find various brochures and information related to fire and home safety.



## Fall Fish "Fry" Days

Mark your calendars! Fall Fish "Fry" days are back on October 4th and November 1st from 11am to 7pm.

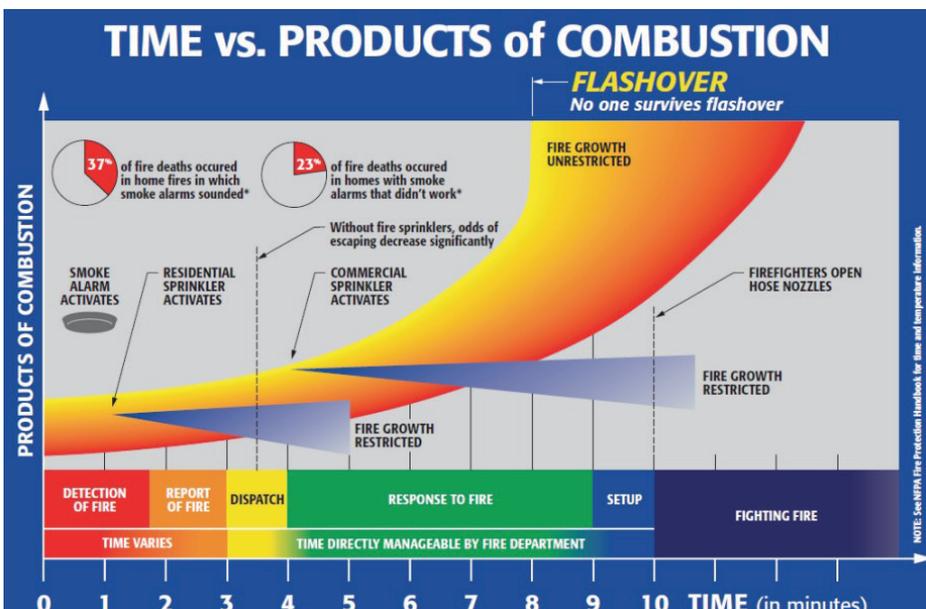
As part of Fire Prevention Month, Children's Hospital's Injury Prevention Safety Van will be at our Fall Fish "Fry" day on October 4th with Home Safety Education available for the whole family. Swissvale Fire will also have additional literature and information available as well.



*Municipal Engineering & Environmental Design*

**ROBERT E. ZISCHKAU, JR., P.L.S.**  
Sr. Project Manager  
Borough Engineer

14920 ROUTE 30  
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# Economic Development



## Housing Counseling Program

In addition to its real estate and community development program, MVI offers pre-purchase housing counseling, post-purchase home maintenance and rehabilitation counseling, PHFA pre-closing certificates, personalized action plans, and sustainable household budgets, all at no cost to the potential buyer. MVI's program is approved by both the U.S. Department of Housing and Urban Development (HUD) and the Pennsylvania Housing Finance Agency (PHFA) to provide housing counseling. Working with SEDCO over the years, MVI has renovated multiple homes in Swissvale and guided first time home owners.

"I think it's a pretty typical dream to graduate college, get a good job, buy a house, start a family, etc. With today's economic climate, it isn't so easy. Fortunately, upon graduating college, my sister and I stumbled on a program through the Mon Valley Initiative (MVI) which made one of those dreams much more obtainable. When I graduated college in 2012, I had a good job, but not one that was good enough for most banks to approve a loan for a move in ready home. Working with MVI, my sister and I were afforded the opportunity to purchase a beautiful home that had been completely renovated. MVI made the process easy, helping us with every step, leaving no questions unanswered. There are many different programs available to purchase a home, but my sister and I found that working with MVI is one of the best avenues available."  
- Swissvale resident.

## Swissvale Schoolhouse Condominiums

Are you curious about the renovation currently taking place on the old school house located on McClure Avenue? Built in 1902 and placed on the National Register of Historic Places in 1984, the Longfellow School (also known as Deniston School) was converted into apartments in the early 1980s, but fell into disrepair. In 2012 the Borough Code Enforcement condemned the building due to serious code issues. Both Swissvale Economic Development Corporation (SEDCO) and the Borough of Swissvale identified the property as a project for the Mon Valley Initiative. MVI purchased the building using Allegheny County's Vacant Property Recovery Program and began the extensive renovation of 18 condominiums.

Following its conversion to condominiums, the building will answer a need for high-quality, affordable housing in the eastern suburbs of Pittsburgh. The projected opening is the fall of 2019. SEDCO and MVI are excited to show off the building and will host an Open House before tenant occupation. Please watch social media for the specific time and date. You won't want to pass up the opportunity to tour this beautiful building.

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## Environment

### Swissvale Shade Tree Advisory Committee

This August, CNN reporter, Amy Chillage, reported on the loss of 36 million trees annually in our nation and the affect it has on our health. "If we continue on this path, cities will become warmer, more polluted and generally unhealthier for inhabitants," said David Nowak, a senior US Forest Service scientist and co-author of a recent study.

Tree loss can be attributed to multiple causes. Volatile weather such as tornadoes and hurricanes, as well as fires, insects, and disease are all factors. However, there are things that mankind can control and further develop to make up for tree loss. Nowak says, "Every time we put a road down, we put a building and we cut a tree or add a tree, it not only affects that site, it affects the region."

Why is the loss of trees so important? Trees play an important role in air pollution removal and energy conservation. They remove carbon from the atmosphere and add oxygen, which is needed to combat climate change. They act as water filters, taking in dirty surface water and absorbing nitrogen and phosphorus in the soil. They help to reduce flooding by absorbing water and reducing runoff into streams. Trees lining highways deflect sound. They provide shade for buildings, cooling surface temperatures. In addition, multiple studies have shown connections between exposure to nature and better mental and physical health.

Educate yourself about trees and get involved. Swissvale's tree ordinance seeks to improve the urban tree canopy in our community, while

insuring the well-being of our citizens. While street trees are the property of the Borough, they should be maintained by the homeowners. As stated in the tree ordinance, the Borough of Swissvale has the right to remove any street tree that is considered a hazard to our citizens.

You can get involved by attending the Swissvale Shade Tree Advisory Committee meetings or by volunteering with the committee during a tree planting. Watch the social media sites and Swissvale Borough website for dates and times. More information about trees can be found at <https://www.arborday.org/>

### Swissvale Community Action Committee - Edible Garden Tour



This inaugural event, the first of its kind in Swissvale, the region, and the whole state of PA, had been in the works for the better part of 7 months. When the idea was conceived, a few distinct goals were outlined:

- Create an opportunity for connection, education, and inspiration for Swissvalian and regional gardeners.
- Showcase Swissvale as a great place to garden, visit, and live.
- Promote the real and tangible benefits of gardening.
- Raise funds to support to the Swissvale Community Garden.

Over 20 sponsors helped us raise over \$1,100 to support the community garden and their

efforts to provide fresh local produce to the community at no cost. Over 200 people visited 15 sites in Swissvale to learn about different garden techniques, specialties, experiments, and passions.

This event was an unmitigated success, especially for a first effort, and none of it would've been possible without our supporters, our community, and our volunteers.

The planning committee is recovering and debriefing, but has already started to think about how to make the 2020 event even better! If you have friends and neighbors who will want to know about this event or be interested in getting involved, please encourage them to sign up for our email list on the homepage of [swissvale.org](http://swissvale.org).

**This December, the heat is on!**

**Woodland Hills High School  
Department of Performing Arts  
presents**



**December 5 - 7, 2019 at 7:30pm  
December 7 matinee at 2pm**

**in the Thomas G. Crone Auditorium  
at Woodland Hills High School  
2550 Greensburg Pike  
Pittsburgh, PA 15221**

**Tickets are \$8 and can be purchased at the door  
or by calling 412.244.1100 x5154**

### Thank You Garden Committee and Google Volunteers

With the guidance of the WSCC garden committee, volunteers from Google planted perennials, spread a huge amount of mulch on the playground and throughout the flowerbeds and generally helping to spruce up the outside of WSCC. In addition, Google gifted WSCC with two wheelbarrows, gardening gloves and plants. Both the donation and time were much appreciated. Thank you, Google!

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## Woodland Hills



### First Alumni Musical Draws a Crowd

By Caitlin Price and Andrea Sisk  
Photo Credit: HawkHunter  
Photography by Kai Stanton

The last weekend in July was the dawning of a new tradition of excellence for Woodland Hills High School. Alumni from the school's award-winning musical program convened in a first: staging and performing a full show in just 48 hours. The performance showcased the district's talented alumni while raising nearly \$7000 to fund future WHHS Performing Arts Department productions.

More than 90 alumni from WHHS's 32-year performing arts program had just two days to learn, rehearse and perform "Hair," the 1960s hit Broadway rock musical that follows the story of long-haired hippies living the bohemian life in New York City in response to and fighting against the Vietnam War. Participants traveled from across the United States for another chance to grace the WHHS stage, and many continue to be involved with theater and performing today. Performers literally coast to coast – from New York to California and Alaska – made the trek for another change to work with esteemed Performing Arts Department Chair Tom Crone, who has



directed every show at Woodland Hills since its first production in 1988. An initial meeting was held Thursday at 6 p.m., followed by a day and a half of rehearsals before concluding with a performance on Saturday at 8 p.m. in the high school's auditorium.

The cast delighted over 700 audience members, concluding the show with the announcement

for the 2020 spring musical (revealed by the 1995 cast of "Jesus Christ Superstar") and the singing of a tradition that started in Churchill High School: Brother James' Air, the Marosa. The weekend had another unintentional result: It bonded 32 years of Woodland Hills alumni together in relationships that will last until next time.

### Board Member Profile: Mike Belmonte

Vice President of the Woodland Hills Board of Directors Mike Belmonte, currently on his sixth-year-term, says he's on the board because, "educating kids is the most important thing we do."

A Forest Hills Resident, Belmonte was serving on Forest Hills Council in 2007 when he decided to join the school board, because he said that he saw the importance of working with the schools that his own four children were doing so well in, and because he and his wife believe in public education.

Belmonte's wife, Tracy, is the Director at Beulah Christian Preschool and Child Care (BCPC). Beginning as a preschool mom, then a teacher, Tracy has been an employee of BCPC for more than 25 years. She has been director there since 2001. Their children (Mike, Grace, Hannah and Adam) have all graduated from Woodland Hills. Mike, Grace

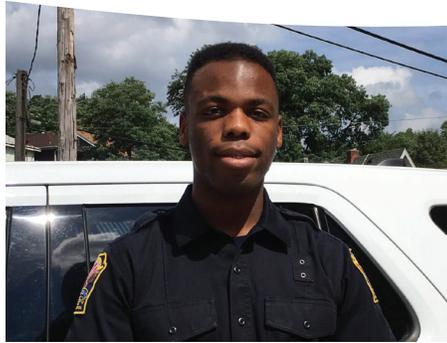
and Hannah have continued their education in area universities. And, Adam is a graduate of the Police Academy. Belmonte has seen the strengths of Woodland Hills School District first-hand, and says its greatest are its programs and curriculum. He adds that the district has supports for all children, including those with special needs as well as advanced placement classes. "I see our well-educated and dedicated teachers as a plus," Belmonte adds.

He believes the district's curriculum is comparable with other local school districts. And, he notes many recent achievements for the district. This past school year, for instance, the district has shown positive results from lowering the class size of kindergarten classrooms. Research has shown that smaller class sizes produce better learning for kindergarten-age students. Belmonte added that the benefit of smaller sizes could help students for years going forward.

He's currently on a mission to determine how many children in grades 1 to 3 could benefit from the already-existing volunteer tutoring program at Woodland Hills (a one-on-one volunteer program called OASIS that partners with the Greater Pittsburgh Literacy Council, the Pittsburgh Public Schools and Woodland Hills School District.) Belmonte would also like to see all of the students at charter schools return to Woodland Hills. "Your children can get the education they need at Woodland Hills, and our schools are safe," says Belmonte.

Residents can reach Belmonte by phone at 412-339-4325 or by email at belmmi@whsd.net.

# Spotlights



**Officer Seth Taylor**  
Police Department

Seth has worked for Swissvale for the last two months. Before working for Swissvale, he spent one year with the New Bethlehem Police Department. As one of the Borough's newest officers, he spends his days responding to calls, performing traffic stops, and making arrests. Seth's favorite part of the job is getting to interact with and meet new people. Some of his favorite moments on the job include riding along with K-9 officers and assisting the FBI. Seth thinks people would be surprised that police work is 95% paperwork and 5% action.

When Seth isn't working he enjoys riding ATVs and dirt bikes as well as working out. His pet peeve is when people pull out into traffic right in front of him but then don't even go the speed limit. When asked about words he lives by he says, "Always stay humble because you could lose everything tomorrow".



**Dan Fields**  
Public Works Department

Dan has worked for the borough for the last three years and before working in Swissvale Dan worked at a pizza shop for ten years. Dan's work includes lots of odd jobs not limited to: collecting trash and recycling and collecting animal traps from resident's backyards.

Outside of work Dan has many hobbies but his favorites include golfing, hunting, fishing, and kayaking. When he gets the chance to get away, his favorite vacation spot is Stonewall Resort in West Virginia. Dan's favorite food is a good steak or even grilled venison. Dan's pet peeve is ice chowers. He likes to watch TV and his favorite show is NCIS Los Angeles.



**Mark Lukac**  
Fire Department

Mark has worked with the borough for forty years! He has been a borough paid firefighter for the last 32 years and has been a volunteer for 42. When Mark is working he is responsible for a variety of tasks including responding to emergency incidents, maintaining the fire station and helping out at community events. Mark enjoys working for the borough and appreciates the friends he has made over the years and the rewarding results of his work.

When Mark isn't working he likes to get out and spend time with his two daughters. He likes to kick back watch his favorite movie Goodfellas while eating his favorite food, steak. His favorite vacation spot is Hawaii. Mark's biggest pet peeve is dirty dishes in the sink. Mark's words of wisdom, "Enjoy life until your number is called".

**Want to know what's going on in Swissvale Borough?**



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# Around Town



## Swissvale Mile Recap

Congratulations to all those who participated in the 2019 Swissvale Mile! This year we had a record number of sign-ups at 244 participants! We had a blast and we hope you did too! With the new, flatter course, we also had NEW COURSE RECORDS! Congratulations to the 1st place overall male finisher, Steve Kirkland, with a time of 4:48, and the 1st place overall female finisher, Justine Falcone, at 5:52!

Thank you to all of our participants, sponsors and donors for coming out and for helping us raise funds which go directly back into our community! This year we raised over \$5,500 which we plan to use to support Swissvale Youth Recreation and our Swissvale K-9 Officers.

Thank you for being a part of this family-friendly community fitness event. Please follow our Facebook page (@SwissvaleMile) and website (www.TheSwissvaleMile.com) to stay up-to-date on Mile news and the future announcement of the 2020 Swissvale Mile date!

The 2019 Swissvale Mile would like to especially thank our generous sponsors and donors!

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Paul Richard Wossidlo Photography

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A special thank you to the people and organizations who provided their time & resources to The Swissvale Mile

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- Pro Bike + Run
- Dick's Sporting Goods
- Wilkesburg-Penn Joint Water Authority
- Mayor Deneen Swartzwelder
- Swissvale Borough Council
- Swissvale Fire Department
- Swissvale Volunteer Fire Department
- Swissvale Police Department
- Swissvale Department of Public Works

**2019 Swissvale Mile**  
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**2019 Swissvale Mile**  
Platinum Sponsor

**CITYREACH CHURCH**  
SWISSVALE



# Around Town

## Swissvale Cares

We operate the Greater Swissvale Food Pantry located at 2011 Noble St. 412-452-2792. Our distribution times are 9:00 am to Noon on the first and third Thursday of each month.

Are you in need of food? Stop by! Do you have some time to help a neighbor? Consider volunteering your time. We welcome all volunteers. Stop in. Packing days are the day before distributions at 5 pm.

Produce to people and events in Swissvale will be the last Tuesday of the month (Sept. 24th and Oct. 29th) in the parking lot next to our building at 2028 Noble St. Distribution time is from 10 am to 11:30 am. All are welcome!



Returning to the Woodland Hills stage in 2020...

# JESUS CHRIST SUPERSTAR

April 24 – 25, and April 30 – May 2  
at 8PM with Saturday matinees at 1PM  
Box Office opens in March!

THE WOODLAND HILLS JUNIOR MUSICAL  
presents DISNEY'S **GRADES 7-9**  
**GENERAL ADMISSION \$7**

# THE LITTLE MERMAID

January 16-18 @ 7:30pm

Tickets will be available at the door. **There will also be a 2pm matinee on January 18.**

Performed in the WHHS Thomas G. Crone Auditorium

Let us help you build your dream space

**eos studio arc, llc**  
2006 Noble Street, Pittsburgh, PA 15218 412-342-8338, www.eos-studioarc.com

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# Community Happenings



## Borough Calendar

<b>09/02</b>	Labor Day - Offices Closed	<b>10/02</b>	Borough Council Meeting
<b>09/04</b>	Borough Council Meeting	<b>10/04</b>	Fish Fry
<b>09/21</b>	River City Church Free Community Dinner Swissvale Baptist Church's "Free-cycle" day	<b>10/19</b>	River City Church Free Community Dinner
<b>09/25</b>	Borough Council Agenda Meeting	<b>10/30</b>	Borough Council Agenda Meeting
<b>09/29</b>	Union Baptist Church Free Flee Market	<b>10/31</b>	Trick or Treat: 6-8pm



## Wilkins School Community Center Events

### Cookie and Dessert Buffet Class

**Tuesday October 8 and October 22 at 7pm**

Just in time for the holidays!

\$25 members, \$30 non members – includes one workshop

\$50 members, \$60 non members includes both workshops

Want to throw a cookie party or just eat them all yourself? Join Dave Green as he demonstrates short cuts and techniques for preparing an array of delicious confections for your buffet. Yes, you get to sample them in class too! Register @ [wscpcgh.org](http://wscpcgh.org).

### Relax: Verb to be or feel at ease

**Tuesdays 7pm – 9pm**

**FREE DEMO CLASS September 10 at 7pm**

7 week course fee:

Members \$80, Non members \$90

Our lives are busy and stressful, and we tend to move from one experience to the next with little awareness that a relaxed openness is available to us all the time. During the Healing Relaxation course we explore and experience the benefits of developing calmer states of mind and body through guided relaxations and visualizations, breathing exercises, self-massage, and gentle massage and simple movement exercises. The course is based on the principle that the human mind carries its own dignity and healing capacity which can never be permanently damaged or destroyed. This innate capacity can become familiar to all of us, and is most obviously expressed in moments of relaxed openness. Healing Relaxation Workshop is not therapy, but it is based on

Tara Rokpa Therapy. More information: <http://www.tararokpa.org/therapy/courses/index.php>

### The National Diabetes Prevention Program

**Classes start Thursday September 26 at 10:30am at the WSCC**

Change Your Life Today! Introducing a New Healthy Lifestyle Program in Your Neighborhood!

The best part - if qualified, your health insurance may cover the program at \$0 cost to you. Enroll. Engage. Get a Fitbit on us. The National Diabetes Prevention Program is an evidence-based lifestyle change program that can help you lose weight, adopt healthy habits, and significantly reduce your risk of developing type II diabetes. We will focus on lifestyle behavior changes in diet, physical activity, weight loss, and most importantly, your overall health! Participants work from the complimentary program guide, along with the support of a small group and facilitator. The program is a year long, with the following schedule breakdown. You will meet every week for the first 16 weeks. During the next two months you will meet twice a month. The last 6 months you will meet once a month. Spots are limited! CALL SOLERA at 877-790-6720 TO SEE IF YOU QUALIFY AND SIGN UP TODAY!



### Plant-Centered Diet Workshops

#### Plant Based Diet Workshop

with Sarah Kaminski

**September 12 at 6:30 pm Free!**

What is a plant based diet and how can it work for me? Keep trying other diets and continue feeling unhealthy or struggle to get the weight off? Feeling bloated or struggling with digestive issues? Have brain fog or a difficult time focusing? Have you heard of the term "plant-based" but feel too uninformed or overwhelmed to give it a try? Stop in for a 45-minute workshop, where you'll learn the basic principles of a plant-centered approach to eating, and how it could work for you. Register deadline is September 8. Register online [wscpcgh.org](http://wscpcgh.org).

#### Mason Jar Salad Workshop

**October 24 at 6:30pm**

\$7 WSCC Members, \$10 Non-Members

Looking for easy meal prep hacks to get you through busy weeks as we head into the holiday season? Join us on October 24 6:30pm for a super easy, practical and delicious way to up your meal prep game: Mason Jar Salads! The cost of the lesson includes presentation, tutorial, and hands-on Mason jar salad workshop. Everyone will go home with a Mason jar salad in a quart size jar to enjoy for lunch the next day! Register deadline is October 18. Register online [wscpcgh.org](http://wscpcgh.org)



## Community Happenings

### Wilkins School Community Center Events (continued)

#### WSSC Gallery Exhibits

##### Jamie Bird Exhibit

August 28 – September 27

Artist Statement: My photography connects modern life and the comforting, familiar nostalgia of yesterday. Extracting moments of the quiet mundane to the emotional warfare of protests, the photos I create are the visible results of the lives I have fated to a frame. Love letters to a city that embraces us on its sidewalks, keeping us close by in the buildings that house us. These images are my response and reaction to a circumstance, an encounter, or an expression. Always working candidly as an observer, documenting what comes before me in the form of life unfolding. Drawing my eye to a detail, giving me only enough information to create my own narrative. And in this small detail, this seemingly unknown minutia, a fragment that might not even be known to the subject, unfolds the unlimited possibility of story telling. Visit Jaime's website to see a preview of her work and check out this amazing exhibit at WSSC Gallery. <https://www.sidewalkstoryteller.com/>

##### I Know Where That is!

October 5 through November 15 (Opening Reception October 13, 6 pm)

The Pittsburgh Watercolor Society presented a one-day Plein Air Workshop with renowned artist Ron Donoughe. Eighteen regional artists participated, creating works in oils, watercolor and other media featuring WSSC-neighborhood homes, gardens, Frick Park sites and more. Several of these wonderful works will be on display in the WSSC Gallery October 5 through November 15. There will be a reception with the artists on Saturday, October 13 beginning at 6 pm, free and open to the public.

Art Talk with Ron Donoughe and Guests  
November 2, 2:30 – 4:30 pm

As you may know, Ron Donoughe has been a painter working mostly in and around Western Pennsylvania for most of his life. Donoughe paints every day. His main focus is capturing how the landscape feels at different times of the day and in different seasons. His work is included in many private and public collections, including his 90 Neighborhoods body of work that is on permanent view at the Heinz History Center. Join us on November 2 for a special afternoon art talk featuring this talented artist – and his special guests!

#### Next Step Collage

October 5

This special class is only \$50 for WSSC members, \$60 for non-members.

Just about everyone has done collage. Maybe you ripped up paper by color and filled in the shapes of a drawing. Maybe you cut out images of objects and created an assemblage of sorts. This class will be your next step in collage.

Starting with magazine pages, book pages and tissue paper to create an abstract art piece, we'll add designs and color using markers and ink. We'll also cover an easy way to put it all together. The piece of art we create in this all-day class will open the door to other ways we can manipulate paper and color in our artwork. Join Christina Nelson and spend the morning creating. Enjoy lunch together while our artworks dry in preparation for the finishing touches in the afternoon session. Register online by September 29th, 2019 online at [wsscpgh.org](http://wsscpgh.org).

Christina Nelson – "I have been cutting and pasting paper for as long as I can remember. In high school (long ago) I spent a long time playing with tissue paper, both in creating translucent layers and using art tissue to leave color behind. My other love is pen and ink. From a start with India ink and dip pens, through acrylic ink and crow quills, paint pens, and alcohol pens and watercolor markers, I've looked for the products I could use to enhance collage work. Combining these mediums together has led to many happy hours. Along the way, I have experimented with ways to enhance both the process and the product. Join me for this fun class and see what you can do."



#### Awareness Through Movement®

Class meets Wednesdays, 5:30-6:30 pm

\$15 drop-in for non-members, \$10 drop in for members

5-class card, \$40 for members and \$50 for non-members.

Awareness Through Movement® is the group class format of the Feldenkrais® method of somatic education. Take advantage of this rare opportunity – this is the only ATM class being offered in the entire Pittsburgh area!

Awareness Through Movement® classes take you through a cumulative series of slow gentle movements while guiding your attention to the subtle effects of those movements. Classes typically begin lying down on the ground, may include standing or sitting, and last between 45 minutes to an hour. Using a profound understanding of the biophysical functional relationships of the whole body & brain, Awareness Through Movement® (also known as ATM) helps you improve your everyday movement and self-image. Whether you're looking to learn to sit or walk more comfortably, excel in a sport or art, recover from injury, illness, or chronic pain, reduce stress, or develop a deeper self-awareness, ATM classes present an amazing opportunity to improve one's overall well-being. All ages and abilities are welcome. Please contact [sarahsilk@gmail.com](mailto:sarahsilk@gmail.com) with questions. Learn more about Feldenkrais® in the following articles and websites:

NYT article: <https://www.nytimes.com/2017/10/30/well/trying-the-feldenkrais-method-for-chronic-pain.html>

**TUCKER ARENSBERG**  
Attorneys

**Robert L. McTiernan**  
Swissvale Solicitor



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# Community Happenings



## Wilkins School Community Center Events (cont.)

Nicolas Carter

### Evening of Music Returns September 19

Not to be missed! Nicolas Carter returns to WSCC for an evening of lively music. All ages welcome. Carter is a talented and versatile international harpist, born in Minnesota and raised in Paraguay, where he learned to play the Paraguayan harp. Carter creates unique performances blending his musicianship with his skills as a theatre artist/storyteller. His authentic, warm and friendly interaction creates an intimate experience bringing inspiration, motivation and joy. Carter has been composing, recording, teaching and performing for over 25 years and has played all over United States, Latin America, Europe and Israel. Come and relax, renew, refresh with nurturing soul music and touching stories of Latin America culture. The event is free and open to all. Donations gladly accepted. For more information about Nicholas Carter and to view a sample performance, visit [www.nicolascarter.com](http://www.nicolascarter.com).



### Built to Last: New Plans for WSCC

WSCC continues to grow in so many ways. The board of directors and all instructors at WSCC are dedicated to increasing programming and making the community center truly a welcoming, attractive and safe place to meet, play, learn and grow.

Current goals include developing a building plan and making the building accessible to all. WSCC recently welcomed a grant writer under contract. In July we began working with Perkins Eastman to develop the building plan. Stay tuned for more information on these exciting developments!

The former Wilkins School was built to last. But its future as a community center depends upon all of us!

Are you a member of WSCC? Check out your membership status and consider making a donation today at [wscppgh.org](http://wscppgh.org).

## Other Community Events

### Madonna del Castello & Word of God Parishes

Madonna

2021 So. Braddock Ave., 412.271.5666

Word of God Church (WoG)

7446 McClure Ave., 412.241.1372

Contact: Deacon Ron Demblowski,  
412.241.1372

Weekend Masses:

Saturdays at 5:30, Madonna

Sundays at 9 am, Word of God

### San Simeone Celebration

Sunday, Oct. 13, begins with 11 am Mass at Madonna followed by a procession with the statue of the saint through Swissvale accompanied by an Italian band. St. Simeon is the patron saint of the region of Italy of many of the families of the parish.

### Union Baptist Church of Swissvale

2117 Collingwood Avenue  
412-271-3900

[info@unionbaptistpgh.org](mailto:info@unionbaptistpgh.org)  
[www.unionbaptistpgh.org](http://www.unionbaptistpgh.org)

Regular Worship Schedule: Sunday, 10:00 am

Bible Study: 7:00 pm every Monday

Prayer and Worship: 7:00 pm every Friday

### Food Bank

Distributions are on the second Thursday of each month. The next distributions will be on September 12 and October 10, from 2:00 – 4:30 pm. New applicants will need a photo ID, proof of Swissvale residency, and proof of income. Contact us at 412-638-8336.

### Men's Community Breakfast

Every second Saturday at 9:00 am. All men are welcome. Free will offering.

### Women's Ministries

- Daughters of the King ministry for women 18 and older. The first and third Thursdays of each month at 6:00 pm.
- S.H.O.U.T (Sisters Hanging Out United in Truth): The second and fourth Saturdays of the month at 12:30 pm

### Union Baptist Church of Swissvale

(cont.)

### Line Dancing

Every Saturday morning (except the second Saturday) at 9:00 am. Free of charge.

### Ask A Lawyer

Consult with a lawyer free of charge every second Monday from 6:00 – 8:00 pm. Walk-in or by appointment. Call 412-278-7161 for more information or to schedule an appointment. Areas covered are Bankruptcy, Civil Rights, Contracts, Employment, Family, Immigration, Landlord/Tenant, Real Estate Property, Unemployment Compensation, and Wills/Estate Planning.

### Music Workshop

Every Saturday 10:00 am – 12:00 pm. Practice with veteran music makers. Musicians and aspiring musicians of all skill levels including beginners are welcome. Bring your own instrument. Free of charge.

### Free Flea Market Community Giveaway

September 29, 2019, from 12:00 – 2:00 pm. Shop free for new and gently used household items, clothing, accessories, books, and more. Contact 412-271-3900 for additional information.

# Can Exercise Improve Brain Health in Older Adults?



Are you between the ages of 65 and 80 and looking to become active? Are you able to walk without pain and without an assistive device, such as a cane, walker, or scooter? If so, you may be eligible to participate in a research study designed to help find out if a 12-month moderate exercise program can improve cognitive function and brain health in older adults.

Study participants can expect cognitive and fitness assessments, body composition measurements, MRI and PET scans, and blood draws. These activities will be conducted in Oakland at University of Pittsburgh and UPMC locations.

Compensation will be provided. Free parking will be available.

**Call: 412-463-4588**

**E-mail: [bachlab@pitt.edu](mailto:bachlab@pitt.edu)**



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# FLEA MARKET

*Community Giveaway*

**SUNDAY, SEPTEMBER 29, 2019**

**12:00 - 2:00 P.M.**

Leave Your Wallet at Home and Shop **FREE** For New and Gently Used Household Items, Clothing, Accessories, Books, and More!  
Contact 412-271-3900 for additional information.

**UNION BAPTIST CHURCH OF SWISSVALE**  
2117 Collingwood Avenue  
Swissvale, Pennsylvania 15218-2525  
[www.unionbaptistpgh.org](http://www.unionbaptistpgh.org)

## COMMERCIAL GARBAGE COLLECTION SERVICES

The Borough of Swissvale now provides Commercial Garbage Collection to Businesses in Swissvale on a contracted basis.

*Compare our rates to your current hauler.*

### 2019 RATES

SERVICE TYPE	PICK UP	Monthly Fee
Basic Service- Up to 5 Cans	Weekly	\$50.00
	Twice Weekly	\$95.00
2 yard dumpster	Weekly	\$95.00
	Twice Weekly	\$180.00
4 yard dumpster	Weekly	\$130.00
	Twice Weekly	\$250.00
8 yard dumpster	Weekly	\$190.00
	Twice Weekly	\$360.00

For more information about Swissvale providing your garbage collections, contact:

Assistant Manager Greg Bachy  
412-271-0350.

# Be a part of something bigger than yourself



## Union Baptist Church of Swissvale and Pittsburgh Mennonite Church Community Blood Drive

**SUNDAY, SEPTEMBER 29  
NOON TO 4 P.M.  
BLOODMOBILE PARKED  
BY UNION BAPTIST CHURCH**

For more information or to schedule a donation,  
call **877.258.4825** or visit us at **vitalant.org**  
Find us @vitalant:   

To make an appointment:

- Visit [vitalant.org](http://vitalant.org), click on the Donate button and search with group code G0100105 or

- Download the Vitalant-Pittsburgh Mobile App for your smart phone, or

- Call 877.25.VITAL or contact:  
Union Baptist Donors -  
Please contact Ella Scales at  
[ella.scales@unionbaptistpgh.org](mailto:ella.scales@unionbaptistpgh.org)  
Pittsburgh Mennonite Donors - Please  
contact Karli Smeiles at 717.512.4879 or  
[smeiles.jk@gmail.com](mailto:smeiles.jk@gmail.com)

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## Vacant Property Recovery Program (VPRP)

Very often, residents are interested in acquiring vacant lots adjacent to their homes. In addition, residents may also be interested in acquiring a vacant tax delinquent structure for rehabilitation. The VPRP is an excellent opportunity to do so.

We are pleased to announce that Swissvale continues to participate in the Allegheny County Economic Development (ACED) Vacant Property Recovery Program (VPRP). New for Swissvale is that ACED will now partially underwrite the acquisition costs of side yards and blighted structure remediation in Swissvale, subject to funding availability and changes in (HUD's) income guidelines. These discounts are reflected in the LMA application on our website. We hope that the ongoing acquisition cost assistance that is provided will continue to encourage residents to participate in the Program.

The VPRP acquires vacant, blighted properties and conveys them to applicants who have developed a concrete reuse plan and has the capacity to implement it. Applicants may include individuals, community groups, local businesses and private and nonprofit developers.

All applicants must be current on taxes, water, sewage and refuse bills; and must not have any outstanding code violations or municipal liens on all properties owned in Allegheny County.

Eligible properties must be a vacant lot or vacant structure, have at least three years of tax delinquency and meet any other applicable criteria related to blight.

For additional information or to access the application, visit: [www.alleghenycounty.us/VPRP](http://www.alleghenycounty.us/VPRP) or call the ACED at 412-350-1090.



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what's going on in  
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