



# Swissvale NEWS

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## ENCOUNTERING WELLNESS IN THE COMMUNITY— HEALTH FAIR AT SWISSVALE LIBRARY SEPTEMBER 19, 2015

The Swissvale Library, Reach Up Inc.'s Faith, Fun and Fitness Family Wellness Center (non-profit affiliate of Union Baptist Church in Swissvale) and the National Library of Medicine have come together to host a community wide free health fair in Swissvale on September 19, 2015 from 10 a.m. to 2 p.m. The theme for the event is "Encountering Wellness in the Community."



## SWISSVALE'S 21ST ANNUAL HALLOWEEN PARADE

**Saturday, October 31, noon (rain or shine)**

All participants should line-up at 11:45 a.m. on Roslyn Street at Woodstock Avenue and will parade through the business district lead by the Woodland Hills High School Band. The parade ends at Dickson School with treats for all children who marched. Swissvale residents can show their support by lining the streets and cheering on the boys and ghouls.

## SWISSVALE HALLOWEEN TRICK OR TREAT

**Saturday, October 31, 5 to 7 p.m.**

Swissvale boys and girls may trick or treat from 5 to 7 p.m. This time is earlier than previous years. Children should be accompanied by an adult, only go to houses that are well lit, between 5 and 7 p.m.

**ELECTION DAY** Remember your vote counts! Election Day is November 3. The deadline to register to vote is October 5 and the last day to apply for a civilian absentee ballot is October 27 and it must be submitted by October 30.

**DAYLIGHT SAVINGS ENDS** Don't forget to "fall back" by turning your clocks back one hour on Sunday, November 1, at 2 a.m. Daylight Savings is also a good time to change the batteries in your smoke detectors to stay safe!

## POLICE DEPARTMENT

School's open, Drive safe! Look for little angels crossing streets and waiting for school buses. Did you know students are about 50 times more likely to arrive at school alive if they take the bus than if they drive themselves or ride with families? Check out [www.nhtsa.gov](http://www.nhtsa.gov) for more statistics and details.

The department will again be participating in the Polar Plunge to raise money for Special Olympics. Check out the Borough website for more details on fundraising events and how to contribute.

## FIRE DEPARTMENT TO HOLD CPR CLASSES

This year the Swissvale Fire Department will begin offering CPR training at the fire station. Five firefighters are getting their CPR Instructor Certifications through the American Heart Association. Please check the Borough's website in October for more information and tentative class dates.

## CAR CRUISE AND CORN ROAST

The Busch Brothers Car Cruise and Swissvale Fire Department Corn Roast will be held on Saturday, September 19 at the fire station on Irvine Street from 4 to 8 p.m. The dinner will include a ham barbecue sandwich, all-you-can-eat corn on the cob along with a beverage and dessert. Other ala cart menu items will be available, including hot dogs, hamburgers and sausage sandwiches. There will be entertainment, raffles and, of course, a street full of classic cars.

## FALL FISH FRYDAYS ARE BACK

By popular demand, the Swissvale Fire Department will be holding its Fall Fish Frydays! This will include the regular Lenten Fish Fry Menu. Fall Fish Frydays will be held on Friday, October 21 and Friday, November 18. Be sure to mark your calendars and stop buy and get some of that great fish! As always, local deliveries will also be available.

## CODE ENFORCEMENT

Please direct all Code Violation Complaints to the Fire Department. Complaints can be made by calling 412-271-0448 or by email at [codecomplaints@swissvalefire.org](mailto:codecomplaints@swissvalefire.org).

There have been increased complaints about garbage recently. All residents are reminded of the following:

- Refuse containers shall not be placed at the curb or other pick up location for collection prior to 6 p.m. to the day before scheduled for collection and no later than 7 a.m. on the day of collection.

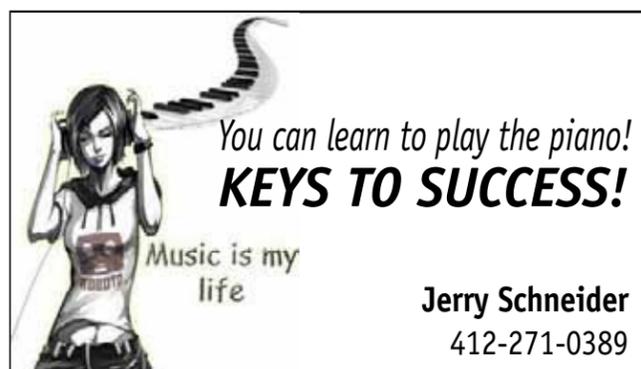
- All garbage containing food materials shall be placed in garbage containers with tight fitting lids. Placing garbage at the curb in plastic bags that animals can tear open is prohibited.

- The Borough will be enforcing Ordinance 78-03 for these listed violations. Violations will result in citations being issued and the fine can be up to \$1,000 per offense.

*Please help us keep Swissvale clean by following these rules.*

## LEAF COLLECTION

Leaf collection will begin on November 2 and will continue through November and December, weather permitting. Leaf collection will follow the posted street sweeping schedule. Leaves must be raked into piles and placed at the curb of the street in order to be collected. Leaves should be raked to the curb the evening before collection to assure they are collected the following day. Due to the volume of leaves in the Borough, we cannot return to pick up your leaves if they are not at the curb when we are in your neighborhood.



*You can learn to play the piano!*  
**KEYS TO SUCCESS!**  
Music is my life  
**Jerry Schneider**  
412-271-0389

If your leaves are not at the curb when the leaf truck is in your neighborhood, they will not be picked up until the following week. Please do not block the leaf piles with vehicles as the truck and leaf machine cannot navigate into tight spots to remove leaves which may result in your leaves not being picked up.

## SWISSVALE REVITALIZATION UPDATE

As the weather begins to change, so does the availability of new and exciting enterprises in town. The business atmosphere of Swissvale is taking a cue from Mother Nature and venturing into a new season. Although the fall will bring brisk mornings and bone chilling evenings, there is no doubt that you can find a warm and welcoming atmosphere among the new establishments that now call Swissvale "home."

- Portogallo Peppers N' At  
2027 Noble Street
- Goodfellas Restaurant & Tavern  
1915 McCague Street
- Brrats  
1703 Monongahela Avenue
- Whip Appeal Auto Detailing  
1935 McCague Street
- Haibouna Market  
7521 Washington Avenue

## HEALTH FAIR AT SWISSVALE LIBRARY—SEPTEMBER 19

*Continued from page 1*

The health fair will include free health screenings for people of all ages, fitness activities and games, mini workshops, an ambulance to tour, healthy snacks and raffles. The event is free to the public. Activities will take place at the Swissvale Library, the Swissvale Senior Center and other nearby locations. The following are just *some* of the local providers and organizations who will participate:

- Allegheny County Health Department – WIC program
- Healthy Start
- University of Pittsburgh School of Nursing – WING program for women's breast health
- Living Well Chiropractic, Dr. Mike Yue – health through Chiropractic
- The Library for the Blind and Physically Handicapped – reading resources for visually impaired seniors, adults, teens and kids
- Mercy Behavioral Health and Mercy Mobile Health Van
- Pittsburgh Community Food Bank and Just Harvest
- Zumba, with Hope Rawls
- Laughter Yoga, with Dave Russell

The goal of this joint venture is to improve the health of the people of Swissvale and nearby communities by providing access to health information and health promotion, beginning with this health fair and continuing with health-related programs at the library and the wellness center throughout the year. The Swissvale Library and the Faith, Fun and Fitness Family Wellness Center with support from the National Library of Medicine seek to become major sources of information, support and resources for the health of the people of Swissvale, Rankin and nearby communities. For more information, you can contact Michele Tedder (Wellness Center) at 412-983-7661 or Kate Grannemann (Swissvale Library) at 412-731-2300.



**ENTERPRISE ZONE**  
Serving Braddock, North Braddock, Rankin & Swissvale

**Assisting in Business Development & Expansion:**

- Enterprise Zone Business Loan Program
- Building Investment Loan Fund
- Enterprise Zone State Tax Credits
- Technical Assistance Grants

For information regarding the Enterprise Zone Corp. of Braddock go to [www.ezcb.org](http://www.ezcb.org) or call **412-371-6380**.



swissvale economic development corporation

SEDCO is making Swissvale a great place to **LIVE, WORK and PLAY** by

- Increasing local investment
- Stabilizing and strengthening neighborhoods
- Revitalizing our commercial district

Interested? Come join us!  
We meet the 4th Monday of each month at Living Spirit Ministry 6:30 p.m.  
Questions - 412-242-3906 or [welshje@verizon.net](mailto:welshje@verizon.net)

**Swissvale Fire Department  
AND  
BUSCH BROS. TIRE SERVICE**

**CAR CRUISE &  
CORN ROAST**

**CAR CRUISE**

\$5 ENTRY FEE FOR ALL  
CARS, BIKES, AND TRUCKS

FIRST 50 REGISTERED  
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DOOR PRIZES

CAR CRUISE PROCEEDS BENEFIT  
THE SWISSVALE POLICE K-9 UNIT

**CORN ROAST**

\$6 FOR ADULTS  
\$5 FOR CHILDREN

ALL YOU CAN EAT  
CORN ON THE COB!

1 HAM BBQ SANDWICH

DESSERT, CHIPS  
AND BEVERAGE

CORN ROAST PROCEEDS BENEFIT  
THE SWISSVALE FIRE DEPARTMENT

**SATURDAY SEPTEMBER 19<sup>TH</sup> 2015  
4PM TO 8PM**

1931 MONONGAHELA AVE. SWISSVALE, PA 15218

FOR CAR CRUISE  
INFO CONTACT:  
BUSCH BROS. TIRE SERVICE INC.  
412-351-5342

FOR CORN ROAST  
INFO CONTACT:  
SWISSVALE FIRE DEPARTMENT  
412-271-0448  
www.swissvalefire.org

**SWISSVALE SHADE TREE  
ADVISORY COMMITTEE (SSTAC)**

Since June, SSTAC members have focused on drafting a Tree Ordinance that provides for the maintenance of existing trees, and planting of new trees, in public areas of Swissvale Borough. Public trees include street trees, and those in parks and rights-of-way. The tree canopy helps to reduce air pollution and storm water run-off, while increasing property values. With the draft ordinance, SSTAC also proposed "Guidelines for Arbor Work" that clarify best practices for tree care. Borough Administration and Council are considering both documents.

This ordinance is in the beginning stages and must be read, revised, and approved by Swissvale Council. This could take some time. Once an ordinance is in place, SSTAC will work with the Nine Mile Run Watershed Association and other regional groups to secure grants for tree purchases. Community volunteers are welcome and needed to assist SSTAC in planting trees, or weeding/mulching around existing public trees. As an advisory committee, SSTAC serves Borough Council and acts as a resource for issues related to tree management. The committee wishes to be proactive in engaging with and informing residents about our shared urban forest; we also seek input from citizens concerning public trees in Swissvale.

Committee Chair Gib Miller, with appointed members Melissa Jenereski, Heather Lyle, Matt Mercurio, Kurt Summersgill, and Terry Ward are Borough residents who are excited about the chance to help protect and increase the diversity of a healthy urban forest. It can benefit current residents and future generations. While SSTAC is just beginning its work, meetings will eventually be open to the public, and an informative web page will in place. The new ordinance, the guidelines, and other news will be posted online. Stay tuned!



**FALL IS PRUNING TIME BUT WAIT...  
"ONLY FOOLS RUSH IN"**

Do you have some trees and shrubs that you'd like to shape and thin out so that you can "see the forest through the trees?" Fall is a typical time for pruning but not too early because actually late winter or early spring is the BEST time to prune.

So if you have determined to get your yard in shape before the winter, and your plan included pruning then you will want to wait until the leaves have fallen off the trees before you begin your "Edward Scissorhands" adventure.

This way the tree would be dormant and you will be able to easily see the tree's structure for perfect shaping and pruning. Always remove dead, diseased and damaged wood as soon as possible...it's essential to your tree's health. If limbs are too big, always hire a professional so the work gets done properly and with care and safety for all.

Don't Be Afraid to Make the Cut. A few minutes spent pruning is one of the best things you can do for the plants in your yard, but it's one of the most neglected tasks of home owners. Why? Because for most of us, it's a black art. The risks of butchery seem high, and the rewards low. "But pruning isn't difficult," says This Old House landscape contractor Roger Cook. "And what you get in return is thicker foliage, more flowers, and healthier plants."

Lastly, once you've pruned your trees and shrubs, look around the yard to determine what else needs attention. Use the fall to paint the trim, fix the broken railing and the other little things that get left undone and build up. Give your home (whether you own or rent) the love that it deserves.



**SWISSVALE BEAUTIFICATION**

A giant thank you to all those that supported and helped out with the gardens and flower pots located throughout the Borough. Especially the Thomas L. Nied Funeral Home, the Western Pennsylvania Conservancy, Leland Scales, the Union Baptist Church and the volunteers who helped with all the planting and pruning. The Collingwood Community Garden's first year was very successful and continues to produce crops.



**7421 Church Street  
Saturdays, 9 a.m. - 1 p.m.  
through October 31**

**SWISSVALE FARMERS  
MARKET GROWING!**

The Farmers Market is having another successful year! An "Eat the Rainbow" kid's nutritional program was begun to help educate them on the importance of healthy, balanced meals. Thanks to Candy Morgan who has put together activities that will vary week-to-week (times will be posted to the facebook page on Fridays). One of the first activities was a rainbow passport and each child received a plum or apple. Come for the produce and stay for the crafts, music and community spirit—you'll find something for everyone at the market!

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Swissvale, PA 15218  
Telephone  
(412) 271-9899

# SWISSVALE ROTARY CLUB



## 5TH ANNUAL WINGS OVER SWISSVALE

The Rotary Club of Swissvale has made some changes to make the September 12 family friendly event bigger and better than ever. The

event runs from 2 to 6 p.m. at Les Getz Memorial Park. The chicken wing contest will feature two winners for the popular vote and guest judge vote. This year's judge is WQED celebrity and Swissvale resident Rick Sebak! There will be music, face painting and games and new this year will be craft and bake sales along with other activities. Tickets are \$10 for Adults and \$5 for Kids which include a chicken wing from each vendor and a drink (water or soft drink or beer for those over 21). Many of the past winners and contestants are expected back along with new participants this year including the Pub in the Park, Peppers N' At and Goodfellas. Proceeds go to Swissvale Rotary Club projects in their mission of "Service Above Self." Projects this year have included the Swissvale/YMCA Summer Camp, Community Days and many more. See the Rotary club's facebook page or a member for tickets.

## ENTERPRISE ZONE BUSINESS ROUNDTABLE

Economic development and business investment were the focus of discussion at the Enterprise Zone Business Roundtable on June 17 at the Grand View Golf Club in North Braddock. Business owners, economic development providers and local elected officials highlighted development activities in the Enterprise Zone comprised of Braddock, North Braddock, Rankin and Swissvale.

In the past year and a half there has been more development investment in the Enterprise Zone than in decades. Evan Indianer of Unicentric, a software company, and Matt Katase of The Brew Gentlemen have opened businesses in Braddock in the past year. They noted the energy and development momentum taking place in the area. Robert Hurley, Executive Director of the Allegheny County Department of Economic Development, outlined redevelopment activities at the Carrie Furnace Site in Rankin and Swissvale.

Julie Grose, Swissvale Councilwoman and Enterprise Zone Board Member, discussed the marketing efforts in Swissvale and Braddock through a real estate professional and the on-going revitalization and public improvements in Swissvale business development. Ms. Grose challenged the attendees to "tell our story" and how they can become leaders to bring change to the area. The Swissvale Farmers Market held on Saturdays is an example of people coming together to attract hundreds of people to the Swissvale business district.

Major funding for the Enterprise Zone is from the Pennsylvania Department of Community and Economic Development. In addition to low interest loans there are other incentives available to for-profit companies in the Enterprise Zone such as state tax credits. For more information call the EZCB office at 412-371-6380 or visit the website at [www.ezcb.org](http://www.ezcb.org).

## EDAC - ECONOMIC DEVELOPMENT ADVISORY COMMITTEE

Swissvale Council Committee  
Meets 3<sup>rd</sup> Tuesday at the Borough Building at 7 p.m.

The last three guests and topics have been phenomenal. First was a discussion on a paid program to identify "available business" spaces and work with the owners to rent or sell them. Five new businesses have recently opened in Swissvale. This is great news as the town's redevelopment continues. Second was about creating a collaborative workspace for entrepreneurs and business folks that just need a place to work. Third was about drones and mapping and why mapping is so valuable. It's all about the data and the decisions that can be made with good data.

If you are interested in making Swissvale a better place and want to see a thriving business district again, come and join the EDAC group on the third Tuesday of each month.

*Living Spirit*  
**MINISTRY**

Swissvale United Methodist Church  
2011 Noble Street  
Pittsburgh, PA 15218  
412-351-1802  
[www.swissvaleumc.org](http://www.swissvaleumc.org)  
[swissvaleumc@verizon.net](mailto:swissvaleumc@verizon.net)

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**Come and Rethink Church with us.**



**Living Spirit Ministries**  
2011 Noble Street

### "Saturday Evening Praise"

The Living Spirit Ministry welcomes one and all to participate in our Saturday Evening Praise Services. We will sing, pray, have fellowship and give praise to God. Please join us each Saturday at 6 p.m.

**CATHOLIC PARISHES:**  
**Madonn a Del Castello**  
2021 S. Braddock Avenue  
412-271-5666

**Word of God**  
7447 McClure Avenue  
412-241-1372

### "Oktoberfest"

Word of God Parish is having an Oktoberfest on Saturday, September 26 from 7 to 10:30 p.m. on the church grounds. Come join us for good food (catered by Veltre's), a live band, raffle baskets, 50/50 plus more and enjoy getting together with old friends and making new friends. Tickets are \$25 which includes food, entertainment, non-alcoholic beverages and a souvenir mug. \$35 includes all of the above plus beer and wine. All proceeds benefit Word of God Parish. Over 21 years old ONLY; no tickets sold at the door.

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1931 Monongahela Ave.  
Swissvale, PA 15218  
**412-351-5342**

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Mon - Fri 8 a.m.-2 p.m. Sat 9 a.m.-2 p.m.  
**COLD BEER TO GO**

Octoberfest includes live Music from Capital Jam. Fundraising events include: Chinese Auction Baskets, Steeler Tickets Raffle, 50/50, Parish Cash Raffle and more. All proceeds benefit Word of God Parish.

Please call the Rectory at 412-241-1372 for tickets or more information.

Come out and have a fun evening under "the Tent."

**Swissvale Baptist Church**  
7417 Schoyer Avenue  
412-731-9646

### "Free-Cycle Day"

Swissvale Baptist Church is hosting a Free-Cycle day on Saturday, September 19 from 10 a.m. to 2 p.m. (or until everything goes). There will be good, used items available to those who need them or want them free of charge! This event is for personal use only and not re-sellers. Free refreshments will be served. Call Pastor Mark Strangman at 412-731-9646 for more information.

**CityReach Swissvale**  
McClure Avenue  
610-888-2611

### "Pumpkin Palooza"

We will be hosting this "Before Party" from 3 to 5 p.m. on October 31, before the trick or treating begins. Children should come dressed up and ready for lots of fun, games and CANDY!!!

*Mary Jo's Salon*  
**MARY JO MAYDAK**  
Proprietress  
7101 Harrison Ave.  
Swissvale, PA 15218 (412) 242-6377

### "Thanksgiving Feast"

The community is invited to our annual Thanksgiving Feast on November 21. There will be a sit down meal from 11 a.m. to 1 p.m. and take-outs from 1 to 2 p.m. We will also be distributing winter coats and clothes items such as hats, gloves and scarves to those in need during this event. Please contact Christine Shaffer at 610-888-2611 for details or to donate new and gently used winter items.

### Union Baptist Church of Swissvale

2117 Collingwood Avenue  
412-271-3900

[www.unionbaptistpgh.org](http://www.unionbaptistpgh.org)  
email: [info@unionbaptistpgh.org](mailto:info@unionbaptistpgh.org)

### Clergy Appreciation

October is Clergy Appreciation Month. As part of the celebration, Rev. Robert Tedder's 6<sup>th</sup> Pastoral Anniversary is being celebrated. Check the website for more information.

### Swissvale Presbyterian Church

1825 Monongahela Street  
412-351-0902

[thesower@verizon.net](mailto:thesower@verizon.net)

### Flea Market and Craft Show

October 3, 8 a.m. to 3 p.m.

### Thomas L. Nied Funeral Home, Inc.

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# CARNEGIE FREE LIBRARY OF SWISSVALE

1800 Monongahela Avenue, Swissvale, PA 15218 • 412 731-2300 • [www.swissvalelibrary.org](http://www.swissvalelibrary.org)

Mondays, Tuesdays and Thursdays 10 a.m.-8 p.m.; Wednesdays and Fridays 10 a.m.-4 p.m.; Saturdays 9 a.m.-4 p.m.

## Why Come to the Swissvale Library?

Come for the books...come for the movies...come for the computers...come for the programs and classes...come to fax, and to photocopy...come because you brighten the librarians' days!

Swissvale Rotary's first ever Blue Moon fundraiser was a happy success, netting \$1,811 for the library, which will enable us to buy a lot of new books! Many thanks go to the Rotary, and to the Library Friends, and to all the donors.

Summer reading programs ended with our ice cream "finale" plus prizes. But the finale will be soon be followed by our 3 annual prize parties--the Computer/Pizza Party(!), the Library Land Party (!!), and the Hodge Podge Party!!!. The participants at these fantastic, annual events all earned the right to be here by completing their reading lists. (If you regret that you can't be present for all the fun... be sure to read your books next summer!)

What's next? The Computer/Lego class resumed on August 29. This fun and educational happening is limited to ages 10-13, and only 8 children may take part in this 10 week program (plus tournaments). If interested, register at the library desk NOW!

After Labor Day, regular fall activities resume. The preschoolers will show up on Mondays at 11 a.m., while the older kids will be here on both Mondays at 4 p.m. (games), and on Saturdays at 1 p.m. The classes will revolve around books, crafts, games, and munchies. More specific lists of events will be available at the desk at that time.

The two adult book discussion groups never stop. One meets on the 1st Thursday at 7:30 p.m., and the other meets on the 2nd Thursday, at 3 p.m. Annual lists for both can be picked up at the desk. No long-term commitment is needed—read the books that appeal to you and come for those meetings.

We will hold yet another WIZARD (card game) Tournament—because the ardent players demand to play! Everyone—adults, teens, and school-age kids, both experienced players and newcomers, are welcome on Saturday, at 7 p.m. We will start another round of games on September 12.

Finally, were you here for last year's Penny Auction? Don't miss this year's wild loot-collecting occasion. Come armed with a jar of actual pennies—no other currency is accepted. All pennies will be used to buy new books for the kids' library! Mark your calendar for Friday, October 16, at 7 p.m.

## Fall Book and Bake Sale

Swissvale 'Friends of the Library' group is excited to announce the Fall Book & Bake Sale will begin on October 22, 2015. The library is brimming with donations for the sale that include fiction, nonfiction, reference and children's books. Many of the books, all priced at \$1 or less, are in 'like new' condition and would make wonderful gifts. Our loyal Bake Sale followers will be in for a treat. The bakers are planning many items with fall and Halloween themes. 'Knitting by Pam & Donna' will be featuring hanging towels for fall, hats and scarves for the autumn chill and hand knitted animals for children. And, of course, plenty of scrubbies for everyone. This three day event is fun for all and is a primary fundraiser for the year. All proceeds from the sale are used to purchase new materials for the library and fund children's programs. Hours of the sale are Thursday, October 22 from 4 to 8 p.m., Friday from 10 a.m. to 4 p.m. and the \$2 bag sale on Saturday from 9 a.m. to 2 p.m. More information can be obtained at 412 731-2300.



## SWISSVALE CARES LAUNCHES EFFORTS TO AID THE COMMUNITY, SEEKS SUPPORT

A new nonprofit organization is seeking volunteers and contributions so that it can carry out an ambitious plan to improve the lives of Swissvale and nearby residents, especially individuals and families in need. Swissvale Cares, recently designated a 501(c)(3) nonprofit group by the Internal Revenue Service, is launching fundraising efforts for a variety of programs that would benefit all age groups. Contributions to the organization are tax-deductible.

First on the group's list of programs is bringing financial stability to the Swissvale Community Food Pantry, which serves Swissvale and Rankin. The Food Pantry supports approximately 70 families (400 children, men and women) and is currently housed in the United Methodist Living Spirit Ministry at 2011 Noble Street and distributes food the first and third Thursday of each month. According to Swissvale resident Nelson Kirksey, who doubles as treasurer of Swissvale Cares and coordinator of the Food Pantry. "The church has done a tremendous job of operating and supporting the Food Pantry for the past several years. Unfortunately, after this year, it's not clear that the church will have the money to continue this work. The Food Pantry is critical to our community, and Swissvale Cares is committed to making sure it continues. We greatly appreciate the donations of food and money from the community. It is essential that these contributions continue. Of course, if they increased, we would feel much better about the future of the Food Pantry."

Local contributions make it possible for the Pantry to pay for the space used at the church. Grants that come through the Greater Pittsburgh Community Food Bank pay for most of the food distributed, but not all. Each month, contributions from the community enable the purchase of the balance of food that clients otherwise couldn't afford. Contributions are also used to cover the cost of transporting the food and repairing and purchasing refrigeration equipment. Kirksey estimates that if the Food Pantry needs to relocate, Swissvale Cares will need to raise \$750 to \$1,000 per month to cover rent and utilities. The organization has submitted applications for grants to cover these costs. Besides Kirskey and Kowalis, other officials are John Burk, chief executive officer, and Bill Kowalis, secretary.



Swissvale Community Food Pantry volunteers prepare food for distribution.

Swissvale Cares has long-term plans and is developing several other programs:

- **Music Academy.** Currently applying for grants to provide free keyboard lessons for at-risk school-aged children. Jerry Schneider, a member of the nonprofit's board of directors, notes "Free training in the arts is almost nonexistent here." There are long term plans to expand to senior citizens as there is strong evidence that learning a musical instrument delays the onset of mental decline in older adults.
- **Tutoring.** The goal of this program is to assist elementary and secondary students and increase the percentage of area students receiving high school diplomas.
- **Youth Mentoring.** Through this program, adult volunteers will assist at-risk youth in developing the life, communication and social skills necessary for success.
- **Social Services.** This program recognizes that many individuals and families in need don't know how to gain access to charitable or government programs that could assist them. Swissvale Cares will help them to obtain the support they need.
- **Community Center.** Plans to rent or purchase a building for this purpose. "Our goal is to create a safe place where residents both young and old can gather for a variety of helpful and enjoyable activities and where community organizations can meet" said Kim Kowallis, Swissvale Cares President.

TUCKER ARENSBERG  
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Swissvale Solicitor



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## SWISSVALE SENIOR CENTER

**7350 McClure Avenue  
Swissvale, PA 15218  
412-731-6125**

**Open Mondays, Wednesdays and Fridays from 8:30 a.m. to 2:30 p.m.**

Need to register for Access/OPT, need help with a property tax or rent rebate form or need help with a LIHEAP form? There are many programs available for seniors so please stop by the Center to see if you are eligible for them!

The center offers a variety of activities including monthly movies, trips, classes, presentations and parties. Listed below are the activities that are always happening at the center. For a full list of activities, stop at the center to pick up a monthly calendar. Lunch is a \$1.50 donation and must be ordered in advance.

**Monday** Exercise 9:30 a.m.  
Lunch 11:45 a.m.  
Bingo 12:45 p.m.

**Wednesday** Exercise 9:30 a.m.  
Nickel Bingo 10:30 a.m.  
Lunch 11:45 a.m.  
500 Bid 12:30 p.m.

**Friday** Exercise 9:30 a.m.  
Lunch 11:45 a.m.  
Bingo 12:45 p.m.

## WOODLAND HILLS SCHOOL DISTRICT



School started September 2 and with the beginning of the year came many changes. Dickson school has closed and West building is now the Intermediate Center housing grades 4, 5 and

6. One of those changes was a new dress code for Kindergarten through 6th grade which included collared shirts (white, light blue, navy, black or grey) and bottoms which can be pants, skirts, skorts, jumpers, capri length pants or shorts (navy, black or khaki). There cannot be logos other than school approved, no visible undergarments, must be appropriately sized and no hooded garments.

## SWISSVALE GIRLS SOFTBALL

Congratulations to the Swissvale Orioles on winning the 2015 City Parks Big League Mayors Cup Championship at PNC Park. The 15 and under team beat the Magee Rec team on July 27.



## SWISSVALE MILE THANK YOU'S

The 2<sup>nd</sup> Annual Swissvale Mile was a huge success! On June 27, over 70 runners, 120 walkers, and 50 participants were in high spirits, proud to support their local officers and community. In addition to those who walked or ran, residents came out of their houses to cheer on their friends and neighbors, playing music and holding signs. Through registrations, sponsorships and donations, The Swissvale Mile raised a total of \$4,408, twice what was brought in last year!

The Swissvale Mile organizers would like to thank everyone who volunteered, participated and donated to make this event possible. (See sponsor list on page 12.) It was truly a community effort. Special thanks to the Swissvale Police Department who hung signs, closed roads and made sure the morning ran smoothly.



Runners at the starting line.



Rain didn't stop families from participating.



K9 Officers Echo and Brando lead the walk.



Organizers Sarah Ansel, Megan Vrcic and Monica Fletcher present the proceeds to Mayor Deneen Swartzwelder, K9 Officer Echo and Officer Sitzman and Police Chief Greg Geppert.

**D's Six-Pak & Dogz**  
**BEER X-TREME HOT DOG SUPREME**  
"Over 1,000 Brands of Beer"  
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Pittsburgh, PA 15218  
Tel: (412) 241-4666

**NOVA**  
NOVA INSURANCE SERVICES, LLC  
All forms of insurance  
412-856-4200  
Mark Foerster, Agent



### Swissvale Rotary Club

Meets 1<sup>st</sup> and last Wednesday at 12:15 p.m. at Living Spirits and middle Wednesdays at 6:00 p.m. at T's Restaurant  
Interested in joining call 412-242-3906

### Veltre's Pizza Swissvale

412-271-3244

"We Deliver Quality"

30th Year In Swissvale



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**PAcyber**  
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888.722.9237  
216 North Highland Avenue  
Pittsburgh, PA 15206

### river city church

Are you a pioneer?

Come alongside us to build a life-giving church in Swissvale with

- Authentic worship
- Relevant preaching from the Word of God
- A fellowship of committed believers

Sunday's @ 6:00-7:15 pm  
River City Kids program available.

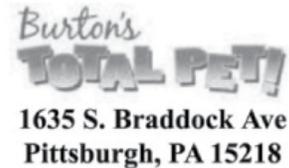
1825 Monongahela Ave. Swissvale, PA  
RiverCityPGH.com - Pastor Eric at (412) 501-3161

# THANK YOU TO OUR SWISSVALE MILE SPONSORS!

## PLATINUM LEVEL - \$300

**Maureen States - Neighborhood Realty Services**

**Advance Auto Parts • Burton's Total Pet**



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## GOLD LEVEL - \$200

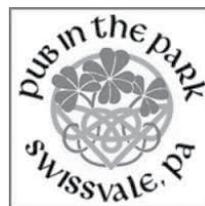
**Giant Eagle - Edgewood Towne Center • Wilkins School Community Center**

**United Steel Workers Union Local 1219**

**Road ID • Eat'N Park • Pub In The Park**

**Sweet Water Brewing Company • Paul Richard Wossidlo Photograph**

**Office Furniture Warehouse**



Edgewood Towne Centre



1705 South Braddock Avenue  
Pittsburgh, PA 15218

Contact Us for All of Your Event Needs!  
412-371-4614



**RoadID**  
It's Who I Am.



**Paul Richard Wossidlo Photography**  
412-480-4698  
pwossidlo@aol.com



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## SILVER LEVEL - \$100

**Thomas L. Nied Funeral Home • Last Ditch Effort Gear**

**Stahl Plumbing • McBroom Beer Distributors**

**River City Church • Julie Grose**

**Denise Veselicky • Betsy Magovern**